



# ABUNDANT LIFE TRES DIAS

**April 2014 Newsletter**  
[www.rockfordaltd.webs.com](http://www.rockfordaltd.webs.com)  
**Seriously ..... lots of information  
on the website, and in this newsletter**

Our men's and women's spring weekends begin this month. If you have a candidate to sponsor, click on the Sponsor page on the website; visit the Palanca page as well, to see how to sign up for the prayer scroll and otherwise support the weekend.

## An opportunity for a ministry of prayer:

Are we called to pray for others? Absolutely. Do we desire to pray for others? Yes. Does God HEAR our prayers? Definitely. Do we guard our email inboxes? Yep.

As you may know, folks email me requests from time to time, asking for prayer from the community. For the most part, I forward the requests that affect our ALTD members and their families (and occasionally for our NITD and CREDO brothers and sisters), but do not generally forward the requests for non-Tres Dias neighbors, friends, friends of friends, co-workers, etc. As "keeper of the Gmail list," I try to respect your schedules and not inundate you with email, as well as respect the fact that in giving us your email, you did not necessarily sign up for a "beyond ALTD" prayer chain.



However, you can't know how much I hate having to reply to those (non-ALTD) requests, saying I will pray personally but cannot sent it out. At one time, ALTD had a separate prayer ministry – a list of people who love to lift up all kinds of needs from all kinds of people, with notifications being sent electronically.

**If you are interested and willing (even eager) to participate in a prayer ministry via email, please let me know via email, at [tresdiascommunication@gmail.com](mailto:tresdiascommunication@gmail.com).** I will continue to send ALTD-related prayer requests to the entire community, but would very much like your input on the formation of an "e-Prayer Team" to address these needs.

.....Anita Rogers <><

Your Communication Chair

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## Video to promote Abundant Life Tres Dias

We are going to film and produce a video to be hosted on the ALTD website through YouTube about what a Tres Dias weekend is all about. This will also be produced as a DVD to share with pastors and churches who are not actively involved in Tres Dias. In order to create the video, we need members of the community to come for a "Mock Tres Dias Weekend" on **Wednesday, April 30 at 6:00 pm at Inspiration Center**. *After the filming, we'll go out for pizza and enjoy fellowship between the men's and women's weekend.*

Ryan Bensheimer will be filming, Karen Weis is directing, and **you** are all members of the team and "candidates" singing, listening to a rollo, and showing everyone what a great weekend is all about! No lines to memorize, no speaking parts, just background video is being captured and we need people! **Let's have a great turn out and fill the shots with lots of ALTD community.**

### *Men's Weekend #30 .....*

It is a blessing and an honor to serve our Lord and Savior on this 30<sup>th</sup> ALTD weekend. With the guidance of the Holy Spirit, we have assembled an awesome team of Christian men to serve as the hands and feet of our Lord.

With the team being complete, please pray about asking that person or persons that you would like to have as a candidate on this upcoming weekend. It would be awesome to have the community fill both the men's and women's weekends with the maximum number of candidates.

In His service, Herman Johnson and Bill Pieters

### **From your Pre-Weekend Chair .....**

Happy Spring Everyone! We are getting excited for weekend # 30 and I wanted to let you know that as I write this we have one confirmed candidate for each the men's and women's weekends. I know that there are many of you who have people on your hearts, so please, ask them and then get those applications to me ASAP. It always seems like we have more time than we do, but the weekend is fast approaching.

I will accept applications for consideration for the men's weekend until Friday April 18<sup>th</sup>. The cutoff for the women's weekend will be Friday, April 25<sup>th</sup>. If there is a special circumstance, please call me and we will see what we can do. ☺

Please start praying for the two candidates who are confirmed at this date.  
Their names are: Albert Wagner and Jessica Shepherd.

Terri Weber  
Pre Weekend Chair  
608-752-0996

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## *From your Leaders Chair:*

### **Nominating Committee**

The governing board of Abundant Life Tres Dias is called the Secretariat, and members serving are elected at the annual meeting that will be held June 21 at the Secuela picnic.

On May 8, a special nominating committee is meeting to recommend names of individuals or couples to serve for the next three years in the following positions:

- Secretary
- Palanca Chair
- Weekend Chair

If you are interested in filling any of these positions, self-nominations are very welcome prior to our nominating committee meeting on May 8, facilitated by Ed and Toni Davis. Please let Leader's Chair Karen Weis know if you would like to be considered for any of these positions, or if you would like to review the responsibilities. [karenweis@comcast.net](mailto:karenweis@comcast.net)

Karen Weis, Leader's Chair



### **“Getting to know you”**

This feature is an ongoing look at the people who have volunteered to serve on Secretariat. This issue features Randy and Lynette Rasmusson, who chair the Weekend position (until the annual meeting, when their replacements will be elected).

**Your name, church, city and family:** Randy and Lynette Rasmusson, we live in Union Grove, Wisconsin and worship at Elmbrook Church; three children, one son-in-law, two grandchildren

**As a child, what did you want to be when you grew up? How did that turn out for you?**

Randy: a farmer – I've been able to work on a farm, but not own one.

Lynette: a wife and mother – God blessed me more than I would have imagined; an amazing husband of 33 years, who has loved me when I didn't love myself.

**If you had a \$10,000 gift card for travel, where would you go and what would you do there?**

Randy: Canada, Texas, Montana – deer hunting

Lynette: Norway – in the SUMMER – to show Randy all the beauty I saw there on a trip with my mom.

**If you had one chance for a “do over,” what would it be?**

Randy: never put my arm in a broken window

Lynette: There was a time in my life when I was doing life MY way – I kept God in the background and although now forgiven, there were people hurt whom I love – not to mention God.

**(1) What was the best thing your parents taught you? (2) What one thing did they do that you have sworn to NEVER do?**

Randy: (1) work hard, (2) smoke

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Lynette: (1) God cares about you, created you, and is my best friend, (2) use the back door as the front door.

**Please share your life motto if you have one:**

Randy: Wire EVERYone's house like it is my own. (Randy is an electrician by trade.)

Lynette: My cup is half full.

**Worst food encounter?**

Randy: vending machine beef stew on a road trip from North Dakota. Result: food poisoning

Lynette: liver, when I was young

**Name one item from your bucket list:**

Randy: Farming

Lynette: Get my pilot's license

**Favorite subject in high school? LEAST favorite?**

(Randy) – I failed electricity, and am now a master electrician

(Lynette) – I disliked typing/accounting, and now I work for an accountant

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*Reunion Update*

A recent analysis of where ALTD is at with Reunion Groups...collectively...presented us with some alarming results. We found that a majority of our community who attended their first weekend prior to 2009, at one point or another, actively participated in a Reunion Group for a rather lengthy amount of time. And a number of those people are still involved in a group.

However since that time, **participation by "new" Pescadores has dropped off dramatically.** Granted, times have changed a bit since 2009, but very few of these men and women ever even attempted to join a group. We have cited a number of contributing factors, but in the end, despite the emphasis given to them during each weekend, these folks have chosen not to give priority to joining a group. This is not where the 4th Day is supposed to go! Some might point out that they're part of a larger Facebook reunion group, but there's no face-to-face intimacy involved in a small group setting, which are elements that are central to the fulfillment and success of being in a Reunion Group.

With the Men's and Women's Weekends upon us, I would like to call out to the Sponsors to specifically talk with their Candidates about the importance of being in a 4th Day Group and then follow-up very shortly thereafter to see if any progress was being made.

We'd also like to see if any of the "old guard" would like to step up and mentor a new group for 6-12 months until the group could stand on their own. You can certainly call upon me to try and assist where I can.

Thanks for considering...  
Michael Dustman  
Reunion Group Chair



ALTD men's weekend #30: April 24-27, 2014; Inspiration Center;  
Herman Johnson, Rector

ALTD women's weekend #30: May 1-4, 2014; Inspiration Center;  
Cindy Weltzien, Rectora

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## Inspiration to fully LIVE our Fourth Day – from Pastor Ryan

1 Peter 4:8 tells us to LOVE DEEPLY. What does that mean to you?

We all know that Christians ought to love one another, which implies an affection to people (especially those close to you) and a hearty endeavor to promote this way of Life as a follower of Christ. This mutual affection should be fervent, sincere, strong, and lasting. Col. 3:14 says it is greater than faith or hope and that it will cover a multitude of sins. Matthew Henry points out that "there is a special relation between all sincere Christians which requires special affection. It is not enough for Christians not to bear malice, nor to have common respect for one another, they must intensely and fervently love each other. It inclines people to forgive and forget offences against themselves, to cover and conceal the sins of others, rather than aggravate them and spread them abroad." So consider what this means to those closest to you.

I have a wonderful life with a wonderful Godly wife and 4 great kids... I grew up with one of the best parents a kid could have, as most of you have heard in my rollos... And I have had the privilege of being in the ministry most of my life and being equipped with some excellent tools that prepared me to be a father, spouse, and friend. That said, here are some things I can share on how to Love Deeply... with your kids, spouse and others.

### ***1. Put down the iPhone and play.***

One of the hardest parts of being a human in the digital age is our complete saturation into our phones and other devices. My iPhone may be one of the best and worst things in my life. I have heard the relationship between people and their phones described as if it was an affair... and I don't think that is far off. As much as I love my phone there is a time to turn it off and play... I'm preaching to myself as well when I say this: put down the phone for a while.

### ***2. Be patient & be generous with your time***

I always struggle with this... in fact I may be the most impatient person you have ever met... so this one is really hard for me, but I have learned the lesson well... slow down, listen, and strategically plan your time with your children, spouse and friends... and while doing all of this be patient. Kids don't operate in our culture's ultra "fast food" world yet... and they don't want to, or understand why we do. When you get too rushed you communicate a lot of things to them that probably aren't good. Your kids (and your spouse and your friends) need quality time, the best time you have to offer, possibly more than anything else you have to offer. We always hear this, but you can't get these years back... And if you have lots of kids make sure you invest in alone time with each one of them individually on a regular basis.

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### **3. Take time to be affectionate with God, good friends, your spouse, your children and yourself**

It is so easy to not spend valuable time with others when kids enter the picture. As your time with others may decrease I encourage you to maximize the quality of that time. First spend individual time with God, and time with God and your spouse... and BE COMMITTED to this. Next find friends that you can be immersed with who share your life patterns. I can't count how many people I know who no longer have "BEST FRIENDS" after life with kids, and it's unfortunate... we need GREAT FRIENDS... (and it's Biblical!) Your spouse needs you, we need to give each other intimacy, adventure, love, and the best of everything that we have to offer... and finally yourself... find something you like and take time to do it... alone... Discover the love languages and spend time finding out what people need and desire as well as what God is asking of you... specifically.

Ryan Bensheimer,  
ALTD Spiritual Director

(Have you read all this so far? Then you are one of my new favorite peeps this month..... Anita

There's a PDF printable calendar for 2014 on the website, so you can start praying for candidates for the fall weekends, if they were unable to come to the spring ones.

IT'S NOT TOO LATE TO GET YOUR CANDIDATE'S APPLICATION IN – SEE THE WEBSITE FOR FORMS. Let's FILL the tables in the rollo room.



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### **Women's Weekend #30.....**

*"But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth." Acts 1:8*

*Weekend #30 is well under way with our Last Team Formation meeting coming up this Saturday. Thank you all for your encouraging words and support and for covering the Team in your prayers! Becca and I have seen God's hand in this process and we are excited for what He has planned! We know this is going to be an amazing spirit-filled weekend!*

*It is now time to get those applications in. Becca's motto is "30 for 30". The Weekend is all about the Candidates and we would love to see 30 women live out the theme verse as a result - empowered to do His work and be His witnesses!*

*May God bless you as you continue your prayers and support for this Weekend!*

*In His Service,  
Cindy Weltzien*

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Reminder: our community's Secretariat members are included on the last page,  
with contact info.

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**Short, clean and funny:**

**“I couldn’t figure out how to buckle my seat belt .... Then it clicked.”**

**“I was having trouble remembering how to throw a boomerang.....then it came back to me.”**

**“You heard about the guy who fell on his stomach every time he heard a plane overhead? He heard the government was looking for a new naval station.” (This last one was on a list of jokes I found from the 1940s.)**

## ALTD SECRETARIAT MEMBERS

Arnie Bryson	Lay Director	<a href="mailto:ambryson@charter.net">ambryson@charter.net</a>
Ryan Bensheimer	Spiritual Director	<a href="mailto:ryanclimbs@hotmail.com">ryanclimbs@hotmail.com</a>
Karen Weis	Leaders Chair	<a href="mailto:karenweis@comcast.net">karenweis@comcast.net</a>
Randy & Lynette Rasmusson	Weekend Chair	<a href="mailto:lynette219@gmail.com">lynette219@gmail.com</a>
Kevin Busker	Treasurer	<a href="mailto:tkbusker@comcast.net">tkbusker@comcast.net</a>
Terri Weber	Pre-Weekend Chair	<a href="mailto:theresarose3@charter.net">theresarose3@charter.net</a>
Benny & Becka Iler	Palanca Couple	<a href="mailto:becka316@comcast.net">becka316@comcast.net</a>
Todd & Vicki Hunt	Post-Weekend Chair	<a href="mailto:olman1963@yahoo.com">olman1963@yahoo.com</a> <a href="mailto:vixter82009@yahoo.com">vixter82009@yahoo.com</a>
Jean Lisk	Secretary	<a href="mailto:jean@liskfamily.com">jean@liskfamily.com</a>
Michael Dustman	Reunion Chair	<a href="mailto:kmdust@genevaonline.com">kmdust@genevaonline.com</a>
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